



St Andrew's Parish Church
(Church of Scotland),
Inverurie

THE

APRIL 2018

**S
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E-mail: standrews@btinternet.com

*(To hear our services or to download them—go to
“Listen Again” on our website)*

Website: www.standrewschurchinverurie.org.uk

Scottish Charity Number: SC008791

St Andrew's is an open and inclusive Church

**The Interim Moderator, Rev. Mary Cranfield, may be contacted
for pastoral care by contacting her on 01467 671241**

Dear friends,

I recently heard a moving radio programme about Martin Luther King and Senator Robert Kennedy who were both assassinated around 50 years ago. Many family members and others were interviewed and the words of both men were quoted several times. We know that they were both highly articulate and capable of powerful and sophisticated oratory. However one comment that particularly struck me was something very simple which was said by Martin Luther King, "Time can be used both constructively and destructively". We know of course which choice King wanted people to make. But this comment did make me reflect upon both our perspectives upon life and how we live them.

Within our society many of the ways in which Easter is celebrated are particularly transient and trivial. All that chocolate soon disappears ! As Christians we are invited to show what a difference the resurrection of Jesus has made. We may of course begin by thinking of the transformation made to the lives of Peter, Mary Magdalene and the others. But more than that we are invited to live our own lives as those who know that nothing in life or death can separate us from God's love.

Towards the end of 2 Corinthians Chapter 4 and at the beginning of Chapter 5 Paul says something extraordinarily powerful, "So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal. For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens". This knowledge didn't mean that Paul refused to live his earthly life fully. It somehow gave him a perspective upon life and set him free to live very positively and constructively. Martin Luther King was very aware that his own life might be cut short through violence from some of those implacably against his work for Civil Rights. That knowledge didn't lead him to give up. Rather he kept on going to the end, determined to live his life constructively and encouraging others to do so as well.

With my love and prayers, Mary

News from the Congregational Board These

are the key points from the meeting held on 14th March 2018:

Sound Desk:

An urgent request to all members of the congregation: we need additional help to join the rota to operate the sound desk for Sunday services. It looks complicated but in reality it is very simple to operate. If you think you may be interested, please get in touch with Jackie in the Church Office, Peter Donaldson, or any member of the Board/Session. It would mean you **WOULD BE ON DUTY ONCE EVERY 5/6 WEEKS**. Full training will be given.

Finance Committee:

It was agreed to create a Finance Committee to help the Treasurer with the way we manage the preparation of the accounts for the church. Volunteers are requested for this Committee. You do not need to be a Session/Board member. Are you good with figures? Do you have Accounts experience? Your help would be much appreciated.

Change of Address: We are often not informed when members move house. If you are moving or you know of a member who has, or is in the process of moving, or whose circumstances have changed, can you **please let the office know**? We would rather hear 10 times than not at all.

Visits: Please inform the office if you know of anyone who is in hospital or at home ill who would like a visit from the Minister.

As stated before, Congregational Board and Kirk Session Meetings are open meetings and **you are welcome to attend** to observe what happens. It is very rare for any part of a meeting to be in private. If you have any matters about Church Property, Finance or Social Issues you would like raised at the Board or you would be willing to serve on the Board please speak to or email me, the office or the Interim Minister.

Joyce Lawson, Clerk to the Congregational Board

Email: joyce.lawson@live.co.uk

Working too hard? An odd way to find out

Do you wonder if you are working too hard? There is a simple way to find out: how cold is your nose? Scientists have recently discovered that when people focus hard on demanding mental tasks, their nervous system diverts blood flow into the brain, and ex-

tremities like the nose suffer first. In tests using thermal imaging cameras, it was discovered that those feeling mentally overwhelmed had a nose temperature that had dropped by about one degree centigrade. The research was carried out by doctors from the Bioengineering Research Group at Nottingham University. So, if the old adage of 'cold hands, warm heart' is true, perhaps we could add another: 'cold nose, warm brain'.

Why Easter will never go away ...

How do you make sense of the Resurrection? Dead men don't rise, so why believe that this particular dead man did rise? At the end of St Luke's Gospel we read that: "they still did not believe it because of joy and amazement" (Luke 24.4). This is highly significant. The Gospels do not show us a group of disciples who were in a receptive frame of mind. After the crucifixion, they were in hiding, frightened and scattered. Then suddenly, they came out of hiding and were totally different; excited, joyful. By Pentecost they were confident, with one firm message: "You crucified Jesus, but God raised him up!"

How did they know this? Because of direct personal experience. Some of them had visited the tomb of Jesus: it was empty. Others claimed to have seen and touched the risen Lord. Were they hallucinating? People can hallucinate in groups - when taking drugs, for example. But, of course each one will see a different hallucination. But the disciples all saw the same thing. Or rather, the same person. Jesus.

Were they lying? Jesus had died a humiliating death as a criminal. Perhaps they wanted to rescue His good name. So did they pretend they had seen Him? This theory has a big problem. Their preaching led them into trouble with the authorities. They were beaten and imprisoned and some of them killed. People will die for ideas and causes which they believe in passionately. But not for things they have made up. We might suffer for our convictions, we will not suffer for our inventions.

What about the 'swoon' theory? That Jesus didn't die on the cross, despite terrible wounds. He recovered in the tomb, and then escaped. The disciples nursed Him back to health. But Roman soldiers knew when a man was dead; and there was the guard on the tomb. Also, the events which followed simply don't fit. If the disciples had been hiding Jesus, they would have kept very low-key, and out of the way, so that the authorities did not come after Him again. Besides, to preach that God had raised Jesus from the dead - which is exactly what they did preach - would have been a lie. Beatings and threat of death would soon have loosened their tongues. Inventions crumble under pressure; convictions hold fast.

Another reason for believing in the Resurrection is this: Jesus' continuing impact. Thousands and soon millions of people in every generation since have shared an inescapable sense of being 'accompanied' through life. Though unseen, they identify this presence as the Risen Lord. Sometimes this experience of meeting Jesus is gentle and fitful. Sometimes it is dramatic and life-changing. This reminds us that the resurrection of Jesus is not just an interesting historical puzzle. It is a vital, present day reality. It brings wonderful comfort, assuring us of the central Christian truths: death is dead; Jesus is alive; God is love.

This central notion was captured, most movingly, by the great Albert Schweitzer: 'He came to those men who knew Him not. He speaks to us the same word: "Follow thou me", and sets us to the tasks which He has to fulfil for our time. He commands. And to those who obey Him, whether they be wise or simple, He will reveal Himself in the toils, the conflicts, the suffering which they shall pass through in His fellowship, and, as ineffable mystery, they shall learn in their own experience who He is.

**Have a joyful - and a
challenging - Easter.**



Time Out ... In our March session we continued with our Saints theme and heard about St Columba. He was born into Irish royalty and his name means 'dove'. He decided to become a priest and a monk and he taught people about God.

One day he made a terrible mistake, lied about it and went in to battle where many were killed. He realised that he had done a bad thing, so he left Ireland and crossed the water to Scotland. He landed on Iona and built a new monastery there. He promised God he would tell

many people about Jesus as a way of saying sorry for what had had done earlier. He worked for 30 years in Scotland, telling people about God and often returning to Iona. He shows us that even holy people don't always start life as good people but that he tried hard to say sorry and put things right. We made stain glass windows about St Columba and St Andrew. They are on the hall wall. We sang songs, did some colouring and joined the congregation.

Our next sessions are on Sundays, 1st April and 6th May. All children welcome. Come along and join us. We are always looking for volunteers to join our wee band at Time Out. If you would like to come along to help us please contact Mo Vernal on 01467 628778.

Time Out team

Fabric Matters...

Hello Folks,

A month or so ago I promised to keep you up to date with what has been happening fabric wise around the Kirk. Generally things are OK, but we still have issues with damp penetration into the New Chapel of Apollinarus. This affects one wall and we know that external silicone treatment will resolve it, but we need to wait until we have some dry weather and the wall dries out before it can be dealt with. Once that is done the internal wall will be repainted.

Given the shortage of funds over the past few years our maintenance has had to be reactive. I did however receive the Board's approval to bring forward a planned maintenance programme to a future meeting. One of the first tasks will be to look at external painting of the Church windows. We recently, as I reported earlier, spent a fair bit of money cutting out and replacing rotten sills, and painting these. Other parts of the windows badly need attention as it's over 8 years since they were last painted.

The Board also agreed to purchase a wall mounted baby changing table. This will arrive soon and will be installed in the unisex disabled toilet in the Old Hall.

Manse update: I'm very pleased to report that the Manse bathroom has been completely transformed with a new bathroom suite and shower cabinet. Fully redecorated it now looks terrific. Many thanks to local contractor Mark Faskin and to the ladies of the Fabric Committee, Joyce Bruce, Jenny Green and Mo Vernal for

choosing the decor. Local painter, Duncan Naysmith, has again done a first class job carrying out the decorating work. All that remains to be done to the bathroom is the floor covering and this is in hand. I'll let you see pictures of the renovated bathroom very soon.

Work started this week on renovating the manse kitchen. After a lot of soul searching it was agreed by the Board to completely replace the kitchen units. The old units were Imperial measure, installed some 35 years ago. It would have been very difficult, if not impossible, to integrate only new doors and drawers as these are now metric. Work on the kitchen is being carried out by Tor Ecosse under the close supervision of Alan Robertson to whom we are very grateful. Again I'll provide pictures very soon showing the completed works.

A suggestion that we floodlight the front of our Church was placed on hold by the Board until the Manse work is complete. Proposed costs could be significant.

The "Beast from the East" snowfalls played havoc with our car park and it was very difficult for people attending funerals and Church services. We all know that Local Authorities are cash strapped but I'll be investigating with the Local Area manager if we can arrange for some sort of snow clearing service in the future. Given their limited resources I fear we may still be well down their list of priorities as even main roads were not cleared very quickly. We will try nonetheless.

Peter Donaldson
Fabric Convener

Ministry of Flowers

Church

Vestibule

APRIL

8th	Vera & Sandy Binnie, Howieson Pl
15th	Tom & Margaret Dalgleish, Middlemuir Rd
22nd	Ken & Jill Tuach, High Street
29th	Ruth Clark, Golf Park

Anne Russell (IMO of
John & Phyl Henderson)

MAY

6th	Mrs Ritchie, Middle Park
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2018 Flower Calendar is now in Vestibule—Please add your preferred date by writing your name and contact telephone number in the space provided. A few weeks before your date, please put your donation into an envelope with your details and preferred colours, if any, and hand into the church office. If paying by cheque, please make payable to St Andrew's Church Flower Fund. Every Sunday after the church service the flowers are distributed to members of the congregation who are ill or have suffered a bereavement.

Eileen Robertson, Flower Convener



Door & Welcome

Offering & Count

APRIL

1st	S Davidson	P Wink	C Clark	Y Clark
8th	J Williams	M Vernal	P Donaldson	S Davidson
15th	R Young	Joyce Bruce	A Duff	I Fraser
22nd	A Young	V Binnie	E Gale	I Greig
29th	Dr E Brew	Jill Bruce	R Green	S Hepburn

MAY

6th	E Barrack	H Christie	J Ingram	A Kelly
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***If for any reason you are unable to manage any of the above dates,
it is your responsibility to arrange a swap with someone
else on the rota and then it is IMPORTANT to let our
Church Administrator know of any changes. Thank you.***

Sunday Services & Readings

APRIL

8th	10.00 am Parish Worship	Reader:	Mr D Smith
		Reader:	Betty Gale
15th	10.00 am Parish Worship	Minister:	Rev. S Craggs
		Reader:	Dr Eric Brew
22nd	10.00 am Parish Worship	Minister:	Rev. S Craggs
	Baptism	Reader:	Moiria Keith
29th	10.00 am Parish Worship	Minister:	Rev. S Craggs Alison Young

MAY

6th	10.00 am Parish Worship	Minister:	To be confirmed
	"Time Out"	Reader:	Kit Pawson



On Saturday 17th March the Barnardo's Scotland Bennachie Committee held a quiz in the Old Hall. Thanks to the generosity of local folk, including members of St Andrew's congregation, the magnificent sum of £935.00 was raised. This money will be used to help our vulnerable children and young folk in the North East. An interesting comment from Doug, one of my husband's team members, was that our church kitchen was very impressive. This was particularly appreciated as Doug has worked in the kitchens of The Dorchester, London, and various other 5 star hotels throughout the UK. He also added that our homebakes were superb - and Doug has baked for the Queen at Balmoral. So high praise indeed!

Kit Pawson

Gethsemane

If thou be willing, remove this cup from me
They are asleep:
they sprawl on the damp grass
gape-mouthed like innocents.

Shoals of moonlight
leap among the olives
and the blood of poppies lies congealed
beneath their folded cloaks.

Stay awake with me, for I am sorrowful.
They have taken refuge:
still dreaming of hosannahs,
they are found wanting at the bitter hour,

deaf to forewarning
that every passionate attachment
forges in its heart the nails
of its betrayal.

Elizabeth Rowe

Congregational Roll

ST ANDREW'S PARISH CHURCH CHANGES IN ROLL 1st - 26th March 2018

Recently Deceased

Mrs A. Florence Dingwall, 20 Golf Cres	15/3/2018	Rev. M Cranfield
Mrs Eleanor M Adams, 6 St Andrew's Gdns	19/3/2018	Mrs M Robb
Miss Abigail J Cox, Kinkell, Mill Rd	20/3/2018	Rev. Hutton Steel
Mr Patrick Donald, Norwood, Kinmuck	20/3/2018	Mrs M Robb

Service conducted

Change of Address

Mrs Pearl Angus, formerly 4 Gordon Drive	now Garioch Nursing Home
Mrs R Gordon, formerly 4 Hay's Court	now living in Inverness

A Thought for Today

"if only ----"

Two of the saddest words you will ever hear. "If only I had" Words that tell of regrets - opportunities missed - decisions not taken - a life wasted - potential not realised.

There are so many sad, unfulfilled "if only" people in the world. And God never meant it to be this way: Jesus came that it should never be this way. His message was one of finding meaning, purpose, direction and fulfillment in life.

"Seek first God's kingdom and all else will be added to you," He said.

Meaning: let God's love be the guiding force in your life and He will show you the way that is best for you - in your personal life, home life, relationships and career. That way you need never to be one of the "if only" people.

Ray Gaston

Diary of Events - School Term

Mondays

10.00 to 11 .00 am	Zumba Class(Old Hall/Kitchen)
6.30 to 8.30 pm	Boys Brigade (New & Old Hall)
3.30 to 5.30 pm & 6.00 to 8.00 pm	Weight Watchers (Old Chapel/ Kitchen)

Tuesdays

8.00 am to 2.00 pm	Playgroup (New Hall)
9.30 to 11.30 am	Scottish Slimmers(Old Hall)
4.00 to 5.30 pm	Rainbows (Old Hall/Kitchen)
5.15 to 6.45 pm	Scottish Slimmers(Old Chapel)
7.00 to 10.00 pm	Rock Choir (Old Hall)

Wednesdays

8.00 am to 2.30 pm	Playgroup (New Hall)
9.30 am to 12.30 pm	Signing Class (Old Hall/ Kitchen)
7.00 to 8.00 pm	Pilates (Old Hall)

Thursdays

8.00 am to 1.30 pm	Playgroup (New Hall)
9.00 am to 2.00 pm	Pre-school Ballet classes (Old Hall)
1.30 to 3.30 pm	French Classes
6.00 to 7.00 pm	Dru Yoga (Old Hall/Kitchen)
7.00 to 9.00 pm	Guides (New Hall)
7.10 to 8.10 pm	MSD (Old Hall)

Fridays

8.00 am to 2.00 pm	Playgroup (New Hall)
9.30 am to 3.30 pm	Gordon Dementia Care (Old Chapel)
7.30 to 10.00 pm	Boys Brigade (Old Hall)

Saturdays

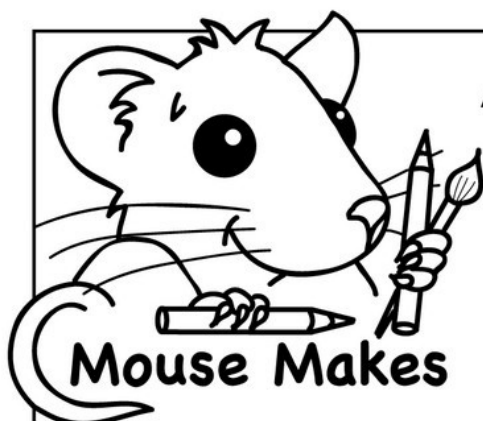
12.30 to 5.00 pm	MSD (New Hall)
2.30 to 5.00 pm	MSD (Old & New Hall)

OTHER EVENTS—APRIL

5th	10.00 am to 1.00 pm	Private Booking (Old Hall/Kitchen)
10th	10.30 am	Monthly Count (Old Hall)
11th	7.30 pm	Kirk Session Meeting (New Chapel)
15th	2.30 to 5.30 pm	Garioch Church (Old Hall/New Hall/Old Chapel/ Kitchen)
18th	7.30 to 9.45 pm	Inverurie Concert Band (New Hall)
21st	7.30 to 9.30 pm	RCCG (Old Chapel)
22nd	2.30 to 8.30 pm	MSD (New Hall)
25th	7.30 to 9.45 pm	Inverurie Concert Band (New Hall)
25th	7.00 pm	Playgroup Meeting (Old Chapel)
26th	9.30 am to 12.30 pm	Guide Dogs (Old Hall/Kitchen)
27th	9.45 to 11.15 am	Close & Calm (Old Hall/Kitchen)
29th	2.30 to 5.30 pm	Garioch Church (Old Hall/Old Chapel/Kitchen)
29th	5.30 to 8.30 pm	MSD (New Hall)

Fundraising (March): Teas - £73.45

Anon Donations £10 & £40; Anon Donation for use of car park £5.

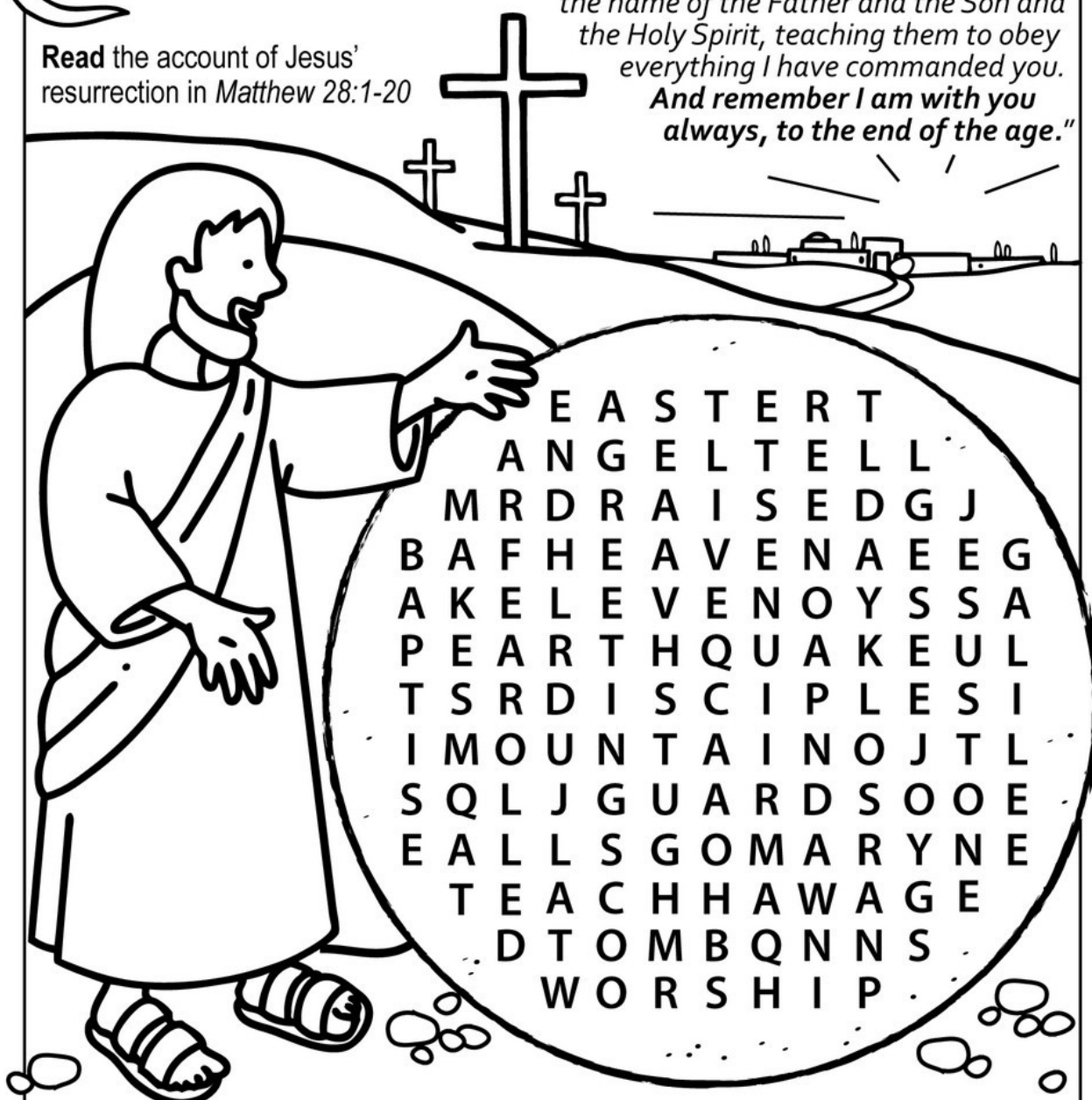


Read the account of Jesus' resurrection in *Matthew 28:1-20*

JESUS IS ALIVE!

After Jesus had been raised from the dead He met Mary and Mary Magdalene "Greetings," He said, "Do not be afraid. Go tell my brothers to go to Galilee. They will see me there."

When the disciples met Jesus in Galilee He said to them, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptising them in the name of the Father and the Son and the Holy Spirit, teaching them to obey everything I have commanded you. **And remember I am with you always, to the end of the age."**



Can you find these words from the story in the word search above? EASTER • DAWN DAY • MARY • TOMB • EARTHQUAKE • ANGEL • HEAVEN • ROLLED • STONE • GUARDS JESUS • RAISED • FEAR • JOY • RAN • GREETINGS • TELL • DISCIPLES • SEE • ELEVEN GALILEE • MOUNTAIN • WORSHIP • ALL • GO • MAKE • BAPTISE • TEACH • END • AGE

Who's Who at 'St Andrew's'

Church Office
St Andrew's Parish
Church
High Street,
Inverurie AB51 3QJ

Phone:01467-628740

Email:
standrews@btinternet.com

www.standrewschurch

inverurie.org.uk



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INTERIM MODERATOR The REV MARY CRANFIELD	(01467 671241)
SESSION CLERK KEN TUACH	(01467 620896)
CLERK TO THE BOARD JOYCE LAWSON	(01467 620903)
CHURCH ADMINISTRATOR and TREASURER Mrs JACKIE REITH	(01467 628740)
CHURCH TREASURER ROBIN YOUNG	(01467 625646)
WFO TREASURER ALASTAIR SMITH	(01467 623148)
GIFT AID CONVENER ALLAN DUFF	(01467 621040)
MONTHLY COLLECTION CONVENERS VERA BINNIE & DIANE STUART	(01467 622275 & (01467 620931)
FABRIC CONVENER PETER DONALDSON	(01467 620828)
ROLL KEEPER CHRISTINE BEATTIE	-
ORGANIST IAN MILNE	(01467 620606)
"TIME OUT" LEADER MO VERNAL	(01467 628778)
PRESBYTERY ELDER VERA BINNIE	(01467 622275)
SOCIAL COMMITTEE CONVENER MOLLY CONN	(01467 620612)
FLOWER CONVENER EILEEN ROBERTSON	(01467 625895)
TRANSPORT TO CHURCH CONTACT DIANE STUART	(01467 620931)
HALL CLEANER - AGNIESZKA MYSZKOWSKA -	-
SAFEGUARDING CO-ORDINATOR ALISON YOUNG	(01467 625646)
SAFEGUARDING OFFICER FRASER HORN	-
SALTIRE EDITORS - DIANE STUART	(01467 620931)
KIT PAWSON	(01464 851257)

MAY 2018 SALTIRE ... Will be available for distribution from Sunday,
 29th April 2018. Please email material for the **May Saltire** to The Church
 Office by 20th April 2018.

St Andrew's Safeguarding Statement

*(Relating to the Protection of Children and Young People in the Church.
 Adopted by the General Assembly, May 1997.)*

The Church of Scotland has a deep concern for the wholeness and well-being of each individual. It seeks to safeguard the welfare of all people, regardless of age, who come into contact with the church and its organisations. It is the responsibility of each individual within the fellowship of the church to prevent the physical, sexual or emotional abuse of children and young people and the vulnerable. St Andrew's Parish Church has a Zero Tolerance Policy to any form of abuse.