

"Fish and Chips" Babies need you

Newborn babies, many suffering from Aids, are being called "fish and chip" babies because many are sent home from hospital wrapped in newspaper for warmth. They need your help.

In order to assist these tiny babies we are asking you to knit a small jumper which will be sent to Africa to keep little children warm. Average knitters can complete a jumper in an evening; it's a easy, quick pattern.

Special instructions

Use only double knitting wool (8 ply)

No pastels or white please, as these garments may never be washed. Bright and mixed colours a best or stripes.

BABY JUMPER KNITTING PATTERN (knitted all in one)

Double knitting yarn

Size 6 (5mm) needles (tight knitters)

Size 7 (4.5mm) needles (loose knitters)

Cast on 44 stitches. Work 18 rows in K2, P2 rib.

Work 30 rows in stocking stitch (1 row K, 1 row P)

Cast on 12 stitches at beginning of next 2 rows and change to K2, P2 (for the sleeves)

Rib 22 more rows

Next row: (for the neck) rib 21, cast off 26 sts, rib 21.

Next row: rib 21, cast on 26, rib 21

Work 22 rows K2, P2.

Cast off 12 sts at beginning of next 2 rows.

Work 30 rows in stocking stitch.

Work 18 rows K2, P2.

Cast off

Sew up the side seams.

Please hand your completed jumpers to the Customer Service Desk, Sainsburys, Garthdee, along with the name of the "knitter" or anonymous if you don't want a mention. Thanking you for your time in advance.