

May 2019

CrossReach Information Sheet

CrossReach @150

This year marks 150 years of the Church of Scotland providing social care in Scotland. Celebrations will be launched this month at Heart and Soul 2019 where the 150th anniversary exhibition will be debuted and on display at St Cuthbert's Church of Scotland. Join CrossReach in thanks and celebration with more opportunities to get involved being promoted throughout 2019.





150th anniversary exhibition

In celebration of 150 years of the Church of Scotland providing social care in Scotland, CrossReach will be showcasing a very special exhibition.

The 150th anniversary exhibition will be debuted at Heart and Soul 2019 and will then tour venues in Scotland throughout the year.

Please use the advert provided to invite your congregations.

As we celebrate 150 years – help us knit 150 Wellbeing Octopuses!

150 years ago, the Church of Scotland started sowing the seeds of 'care in Christ's name.'

To join in the celebrations CrossReach invites you to take part in knitting 1 or some of 150 knitted CALAMARI SHANARRI octopuses for children throughout Scotland to enjoy.

Wellbeing is at the heart of the work of CrossReach with children, young people and their families. Are you ready to start sewing some wellbeing messages?

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To learn more and download your pattern visit: <u>http://bit.ly/CR_meet_CAL</u> or email <u>tanya.anderson@crossreach.org.uk</u>

Making connections

The Rolls-Royce factory, Inchinnan is a close neighbour of Erskine Waterfront Campus, in



Renfrewshire. A team of employees recently paid a visit to see how to support the school in its STEM activities (Science, Technology, Engineering & Maths).

Future plans include site visits for pupils, work experience for older pupils and mentoring. To top off this amazing visit, the team presented a cheque for £1000 to the school which was received by head teacher Kyle Fleming.

Sweet treats!

Residents, friends and family of Queen's Bay Lodge, CrossReach residential care home in Edinburgh, enjoyed the taste of luxury last month with a special visit from chocolatier Hotel Chocolat! Jacky, of the Edinburgh branch, delighted everyone with a selection of tasty treats!

Chocolat.

Looking to share ideas on local social care and outreach projects? The Social Care Forum is your one-stop-shop for social care resources. Visit: http://www.socialcareforum.scot/



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Events - lots of ways to have fun, and support CrossReach while you do!

Are you looking for something exciting to do in 2019? CrossReach has events taking place throughout 2019, where you can have fun whilst supporting its work with children and families across Scotland.

For more information visit: www.crossreach.org.uk/events



Zipwire - 4th May and 7th September.

Zip through the trees over a stunning gorge in Aviemore. Take the CrossReach Zip Wire Challenge.

Freefall Skydive Auchterarder - 22nd June 2019 or 13th July Jump from 10,000ft and freefall 5,000ft at up to 120mph! This once-in-a-lifetime opportunity cannot be missed!

Get crafty and raise funds with a CrossReach Craftathon!



Just in time for Spring, the improved Craftathon pack returns! Bursting with yummy recipes (including melt in your mouth truffles) and exciting craft ideas from knitting to henna, Craftathon is a brilliant way to bring people together. This year's Craftathon pack has added

knitting patterns and a crochet pattern. Hold a Craftathon in your church, house or hall and help build friendships and community.

For your free pack email: events@crossreach.org.uk or call: 0131 454 4391

Recovery Walk

Rt Rev Susan Brown, Moderator of the General Assembly of the Church of Scotland, joined

CrossReach last month to take part in a Recovery Walk. Joining with people who use CrossReach services, volunteers and staff, the group started their journey at Morlich House, residential care home in Morningside, and took a walk together around Edinburgh, visiting CrossReach services along the way.

Blessed with beautiful Spring weather the group spent time walking and talking about recovery, concluding their time with a lunch hosted at the Moderator's residence.

Life and Work 150th anniversary series: The Bungalow

CrossReach is delighted to have been featured in this April's edition of the Church of Scotland's Life and Work Magazine as it recognised

the wonderful journey of the award winning service, The Bungalow in Stonehaven.

Read the full story here: bit.ly/LW_Bungalow19



We hope you can make use of these features and opportunities in your congregations. To contact the CrossReach Supporter Development Team please call: 0131 454 4374



www.crossreach.org.uk

